

## Join Our Mailing List For Future Course Offerings:

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**Epicare Associates, Inc.** provides outsourced training to healthcare organizations and corporations specializing in clinical and staff development programs. Epicare utilizes clinical experts for all of their programs.

All programs are updated to meet the latest regulations for training by OSHA, TJC and applicable State Agencies

### **INQUIRIES:**

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### **Privacy Statement**

*Epicare Associates, Inc.* reserves the right to make changes in speakers, and/or schedules. We are not responsible for problems stemming from registrants' organization's hardware or telecommunications services. Recording of conferences and webinars is strictly prohibited. If any meeting is cancelled, for any reason, including acts of God, strikes, etc., the liabilities of *Epicare Associates, Inc.* is limited to a full refund of tuition and fees only.

### **Cancellation Policy**

Epicare reserves the right to cancel any program, at any time. If a class is cancelled due to insufficient enrollment or unforeseen circumstances, a full refund will be provided.

#### ***For participant cancellations:***

- » You may send a substitute; however, you must call or email and give Epicare that person's name ahead of time.
- » Cancellations permitted up to 14 calendar days prior to the event, full registration refund less \$25.00 administrative charge.
- » Cancellations up to 7 calendar days, 50% refund.
- » No refunds will be issued 7 calendar days prior to the event.

### **Certificates**

Your fee includes a contact hour certificate. Replacements are \$5.00 each.



***Presents***

## **Palliative Care Education Modules**

***Offering to  
Organizations for  
On-Site Training of  
their Employees***

Our Programs include orientations, cross training and continuing education.

# Palliative Care Education Modules

In order to create a program to meet the specific needs of an organization, the following modules are available and can be combined to meet the learning needs of the participants.

## ➤ Bereavement

**1. Perinatal Bereavement** – This full day program is designed for nurses and healthcare providers who want to develop competence in utilizing therapeutic interventions to facilitate mourning following perinatal loss.

**2. Pediatric Bereavement** – This full day program is designed for nurses and healthcare providers in dealing with pediatric terminal illness and death. Specific resources and a family systems approach are emphasized.

**3. Overview of Bereavement** – This program can be customized to various time frames and content includes types of loss, stages of grief, the mourning process, caregiver stress and therapeutic interventions.

## ➤ Complementary Therapies

This program provides an overview of alternative therapies offered to palliative care patients and their families. Modalities discussed include: Mind-Body, Movement, Energy, Sensory, Spiritual, and Herbal. Extensive resources are provided for those interested in follow-up and program implementation.

## ➤ Cultural Diversity

This program can be taught separately or integrated into other content. Organizations are asked to provide information about the specific cultures they serve. Content includes ethnic rituals, communication styles and patterns of coping.

## ➤ Ethics/Legal issues

This program provides the legal perspective and ethical considerations of: informed consent, advanced directives, living wills/health care proxy, withholding and withdrawing life sustaining treatments, allocation of resources, and decision making.

## ➤ Interpersonal Communication

Effective communication is often viewed as the hallmark of palliative care. This program addresses the essential of communication, barriers, conveying bad news, non-verbal communication, empathy and interdisciplinary collaboration.

## ➤ Orientation to Palliative care

This program services as an introduction to the concept of palliative care. Content includes: death and dying, principles and goals of palliative and hospice care, roles of healthcare professionals in end of life care, and care for the caregiver.

## ➤ Patient /Caregiver Education

This program addresses the educational needs of patients and families. Specific content includes the physical, psychological and emotional self-care that individuals need to be taught and supported in performing.

## ➤ Psychosocial Issues

This program addresses the psychosocial issues that are frequently experienced by patients, families and staff in palliative care. Topics include: Psychosocial history, anxiety/panic disorders; depression; risk assessment for suicide; psychopharmacology, support groups and criteria for psychiatric referral. The program can be effectively combined with Bereavement content.

## ➤ Team Building

This program is designed for healthcare professional that will work together as an interdisciplinary team in palliative care. The following modules are available:

- Introduction: The Importance of Groups and Creating a Learning Environment
- Characteristics of High Performing Teams
- Stages of Group Development
- Group Dynamics and Process Skills
- Communication Skills
- Leadership Functions
- Effective Meetings
- Conflict Resolution
- Managing Change
- Stress Management
- Facilitating Groups
- Action Plan Summary

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## Faculty

**Sally Ann Corbo, Ed.S., APN-BC, NEA-BC**

Sally is the President of Epicare Associates, Inc. She has an extensive teaching background and was previously the Director, Nursing Education at The New York Hospital-Cornell Medical Center. She is certified by the American Nurses Association as a Clinical Specialist in Adult Psychiatric and Mental Health Nursing and Nursing Administration Advanced.

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For more information contact:

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Visit us on the web at:

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